

## **CHAPTER FIVE**

# **PREVENTION SERVICES MATERIAL**

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## **Children's Transition Initiative (CTI) Description and Guidelines**

The Division of Alcohol and Substance Abuse (DASA) has made a commitment to identify and implement intensive prevention services for children with multiple risks for substance abuse.

Washington State survey data clearly show a sharp rise in youth alcohol, tobacco, and marijuana use during children's transition years between grade school and middle school and again between middle school and high school. National research findings demonstrate the benefits derived from prevention services provided over time. This research prompted DASA's support of the "Children's Transition Initiative" (CTI) pilot in the past three biennia. The goal of the Children's Transition Initiative is to prevent children from early first use of alcohol, tobacco, marijuana, and other drugs. DASA will continue to work with interested counties in the development of a prototype of prevention programming that is effective and replicable

### **The primary outcomes identified for the CTI include:**

- Enrolled youth will demonstrate a higher rate of abstinence from alcohol, tobacco, marijuana, and other drugs than non-enrolled youth with similar risk factors, protective factors, and assets.
- An increase in the awareness of risk and protective factors associated with substance abuse by the parents or caregivers of children participating in the CTI.
- 80 percent of youth enrolled in the CTI will be retained in the initiative for minimum of 10 months.

The CTI requires minimum service delivery via program intensity, frequency, and duration with participants:

- Intensity is the number of contact hours a child is receiving or participating in services.
- Frequency is how often contacts are made with the children.
- Duration is the length of time a child is participating in services.

Each participant will receive a minimum 10 months of service. Services will be provided directly to children and their families, but may also include school, peer, and community-based services. CTI participants will complete a pre-assessment to establish individual baseline data. Follow-up assessments will be completed at the end of scheduled programming activities which will relate to the CTI outcomes negotiated between DASA and the County.

### **Who are the services for?**

CTI prevention services will be designed to impact children with multiple risk factors associated with substance abuse. The current age range targeted is 9-13 year olds. Direct services will be provided to the enrolled children and their families. Services may also be provided to the enrolled children's peers and community.

### **What services are included?**

The current iteration of the CTI includes one-to-one mentoring services for enrolled youth, with service delivery expectations established by the latest national mentoring research. The initiative also targets the participants' family environment by requiring parent education for the enrolled children's families. As additional resources are accessed, the project may expand the array of services provided to participants.

### **What are the Reporting Requirements?**

Counties shall report via the DASA Performance Based Prevention System (PBPS). Data will be reported to DASA with the same frequency as required for other prevention services. Individual participant information will be retained by the county and provided to DASA upon request. DASA requests will be for research purposes only and will not disclose individual information, as federal confidentiality requirements also pertain to prevention programs.

### **How is CTI different from existing county contracted services?**

Both DASA and counties recognize the value in providing intensive prevention services over time to children with multiple risks in their lives. CTI provides a process for counties to voluntarily work with DASA to pilot methods of enhancing such a service delivery model. In return, volunteer counties benefit from the enhanced technical assistance available in the learning community meetings. CTI is a voluntary agreement between DASA and the participating county. The contracting process remains the same for county prevention services. The service delivery expectations will be different, however, for resources allocated to the CTI. To clarify this difference, the following guidelines have been established:

#### **DASA agrees to:**

1. In collaboration with the CTI partners, develop the model incorporating evidence-based programs and practices, and service delivery minimums.
2. Provide CTI-specific data collection tools and reporting mechanisms in the PBPS, as needed.
3. Collect, analyze, and report CTI findings to counties.
4. Provide CTI technical assistance to counties volunteering for the CTI.
5. Convene meetings of participating counties as a learning community.

#### **Counties agree to:**

1. Identify and enroll a group of children with multiple risk factors to participate in the CTI.
2. Provide services to children for a minimum of 10 consecutive months.
3. Provide the evidence-based services to children and their families as negotiated

between DASA and the CTI partners.

4. Administer DASA-issued participant assessments prior to service delivery, and at the end of services.
5. Retain individual information. Provide DASA with the individual participant information upon request.
6. Provide information on planned services and report those services to DASA on the Prevention MIS.
7. Participate in the DASA CTI learning community meetings.

## **County-Based Prevention Monitoring**

**Expectation:** Counties shall monitor prevention sub-contractors in order to ensure quality assurance of products and services.

**Requirement:** Prevention Sub-Contractor Monitoring Plan

**Products** – Monitoring may include written prior approval of final products by the sub-contractor

- Awareness materials: brochures, posters, public services announcements etc.
- Training materials
- Evaluation tools

**Events** – Monitoring may include written approval of plan, and written documentation the event happened according to the plan, (i.e.; sign in sheets, evaluation summaries etc.)

- Health Fairs
- Project Graduation
- Awareness Presentations

**Services-** Monitoring shall include annual on-site reviews of programs that include service interacting with children and/or families multiple times.

- Parenting classes
- School-based curriculum
- After school centers

## **APPENDIX-A**

### **MINIMUM DATA SET**

#### **Service Type**

Alcohol/Tobacco/Drug-Free Social/Recreational Events Attendees  
Alcohol/Tobacco/Drug-Free Social/Recreational Events Participants  
Community Drop-In Centers  
Community Drop-In Center Attendees  
Community Drop-In Center Participants  
Community Service Attendees  
Youth/Adult Leadership Function Attendees  
Youth/Adult Leadership Function Participants  
Assessing Service and Funding  
Assessing Community Needs  
Community/Volunteer Service Attendees  
Formal Community Teams  
Community Team Activities  
Training Services Attendees  
Training Service Participants  
Technical Assistance Service Attendees  
Technical Assistance Service Participants  
Systematic Planning Services  
COSA Group Participants  
Classroom Educational Service Participants  
Educational Services for Youth Group Participants  
Parenting/Family Management Service Participants  
Peer/Leader/Helper Program Participants  
Small Group Session Participants  
Clearinghouse/Information Resource Center  
Health Fair Attendees  
Original A/V Material Developed  
Original Printed Material Developed  
Original Curricula Developed  
Original Newsletters Developed  
Original PSAs Developed  
Original Resource Directories Developed  
A/V Material Disseminated  
Printed Material Disseminated  
Curricula Disseminated  
Newsletters Disseminated  
PSAs Disseminated  
Resource Directories Disseminated  
Media Campaigns Distributed  
Speaking Engagement Attendees  
Telephone Information Service Calls Received  
Employee Assistance Program Attendees  
Employee Assistance Participants

Student Assistant Program Attendees  
Student Assistance Program Attendees  
Student Assistance Program Participants  
DUI/DWI/MIP Program Participants  
Prevention Assessment and Referral Attendees  
Environmental Consultation to Communities  
Preventing Underage Sale of Tobacco and Tobacco Products Synar Amendment  
Preventing Underage Alcoholic Beverage Sales  
Establishing ATOD-Free Policies  
Changing Environmental Codes Ordinances Regulations and Legislation  
Public Policy Efforts  
No Service Type Code Entered